

## **MOTHER DIVINE PUBLIC SCHOOL**

# DIVINE SPECTRUM

Newsletter Grades: VI to XII (April and June, 2024)

Greetings to everyone!!

We are delighted to welcome you to the first edition of our school Newsletter for the session 2024-25, a cherished tradition that not only captures our achievements but also embodies the spirit and vision of our esteemed institution.

The pages you hold in your hands today are more than just words and images; they are a reflection of the hard work, dedication, and talent of our students and educators. Each article, photograph, and artwork tells a story of perseverance, innovation, and growth within our school walls. This newsletter is a testament of our School Dharma- Comprehensive approach towards building the



foundation of learning with coverage of basic stated parameters (co-scholastic) along with content base (scholastic).

Looking ahead, let us continue to embrace the opportunities and challenges that lie before us. By keeping the vision of our school in mind. Let us draw inspiration from the stories within this magazine to strive for even greater heights of achievement and to uphold the values that define us as a community. Thank you for your continued support and participation in our school community. Here's to another year of growth, achievement, and boundless opportunities.

Warm regards
ANITA GUPTA
(SENIOR PROGRAM COORDINATOR)



Dear Students.

Welcome back to school! I am eagerly anticipating our reunion and am looking forward to an exceptional year of collective learning and growth. As we embark on another enriching academic year 2024-2025 at Mothers Divine Public School, I feel privileged to accompany you on your educational journey and pledge my unwavering support for your development and success in every conceivable manner. Throughout this academic session, I urge each of you to approach your studies with enthusiasm, curiosity, and a steadfast commitment to excellence. Remember, your time in school transcends the acquisition of knowledge; it is an opportunity to

cultivate critical thinking skills, nurture creativity, and forge enduring friendships.

Furthermore, I extend a warm welcome to all members of our school magazine's editorial team. This platform presents an exciting avenue for each of you to showcase your creativity, express your viewpoints, and contribute meaningfully to our school community. As the coordinator overseeing this endeavor, I encourage you to embrace your editorial responsibilities with passion and dedication. Your contributions will not only shape the magazine's content but also reflect the diverse talents and interests that enrich our school. Our overarching objective is to foster a supportive and stimulating environment wherein each of you can thrive academically and personally. Let us collaborate earnestly to ensure this year is both successful and rewarding for all. Let's make every day count!

Warm regards

**SAHIBJEET KAUR** 

(MIDDLE SCHOOL COORDINATOR)

#### SPECIAL ASSEMBLIES

#### Art of focus (Mindfulness and Meditation)

'The body benefits from movement and the mind benefits from stillness'



In today's fast-paced and demanding world, students face various challenges that can impact their overall well-being and academic performance. Incorporating yoga and mindfulness meditation into their daily routine can be a game-changer. Keeping the above thought in mind, MDPS organized an activity, 'Art of Focus' for the students of Grades VI – VIII. The activity aimed at fostering inner peace, focus and wellbeing along with introducing the transformative techniques of meditation and mindfulness.







### My Health My Right

To commemorate World Health Day a Special Assembly was conducted to promote wellness and well-being. On this occasion Poem Recitation, Talk Show and Rap Song, reflecting the theme were presented by the students. They shared valuable information, personal experiences, and practical tips to promote physical, mental, and emotional well-being.





## **DIVINE SPECTRUM**

#### MONOLOGUES AND SOLILOQUY

All the world is a stage and all the men and women merely players

The famous words resonated in the electricfying atmosphere when grade 10th students participated in the Day 1 of English Department activity consisting of famous Monologues and Soliloquy from various plays penned down by William Shakespeare the father of English literature. Day 2 witnessed English plays performed by the students of Grade IX. The students showcased their dramatic skills through many plays. Day 3 of the week was meant for the students of Grade XII. 'Insight '- an Intra Class Debate competition was held in the respective class rooms.





#### Monodrama

"Act the part and you will become the part"

As a part of Earth week celebration, the students of Grade VII showcased a thought-provoking monodrama titled "Save the Earth, Save the Environment" and displayed their artistic skills. Through powerful acting and poignant dialogues, students depicted the detrimental effects of pollution on Earth's ecosystems and the urgent need for collective action to

mitigate these challe-nges.





## **Earth Day**





Grade IX students organized a special assembly on the occasion of the Earth Day. They showcased their talent in the form of a street play highlighting the harmful effects of plastic bags on our environment. This was followed by the thought for the day and News. To further enliven the atmosphere children presented a beautiful dance performance expressing their love for Mother Earth.





#### Mothers' Day Celebration

'Mothers represent our guardian angels, offering guidance and care selflessly.'

Mother's Day serves as a poignant celebration of their invaluable role. The students from grades VI to VIII seized the opportunity to demonstrate their love and appreciation for their mothers through a special assembly. Their enthusiasm was palpable as they showcased their affection through captivating dance performances, harmonious group singing, and inspirational speeches. The assembly concluded on a high note, with students' heartfelt endeavors resonating in their acknowledgment of all mothers, who make their children's lives extraordinarily special.





#### **WORKSHOPS AND SEMINARS**

#### Health and Hygiene

" Take care of your body. It's the only place you have to live"

Adolescence is a period which comes with specific health and developmental needs. Considering the same, MDPS organized an awareness workshop on 'Health and Hygiene' for the students of Grades VI – VIII. The session aimed to demonstrate the importance of maintaining good personal hygiene and illustrate the importance of comprehensive cleaning to maintain good health. It was an enriching experience that helped students to modify their behavioural pattern as per the requirement of their age and growth.







#### Self - discipline

"Self-discipline is the bridge between goals and accomplishment."

In today's fast-paced world, Self-Discipline is crucial for success. With rising distractions and reducing attention spans, it is very easy to be left behind in a world that operates at a neck-breaking pace. To ensure endurance and inner strength, MDPS conducted a workshop for the students of Grades VI - VIII on 'Self - Discipline' which aimed at instilling the importance of maintaining discipline in students' lives. The activity involved a presentation using a PowerPoint (PPT) to illustrate key aspects of self-discipline.





#### INTERNSHIP AND PROFILE BUILDING BY RIARPRO

Career exploration is not a simple aptitude test that you take, nor is it a single activity to be carried out during one year of high school. It is critical that students have the opportunity to build social capital from an early age.....

survey conducted by the American Student Association

A workshop was on the topic 'Internship and Profile Building' for students of grade X and XII. The session was conducted by the Resource person from Riarpro Career Guidance, Mr. Arun Mittal and Mr. Vijav Rawat. As a bridge between academic knowledge and real-world application, internships provide students with first-hand experience in a professional environment. The main objective of the workshop was to make the students aware of today's scenarios to upgrade themselves by joining the internship to gain experience to excel in whatever profession they wish to choose in future. The workshop was enriching for the students and ended with an interactive session. Student's queries and doubts were resolved by them. Overall the workshop was intensifying and enriching.







## Maths through the ages. A journey into Vedic techniques

A workshop "Maths through the ages, a journey into Vedic techniques" was conducted by Mathematics Department. The vision behind organizing the workshop was to lay a strong foundation for basic mathematics and to get rid of math phobia from students mind. Enthusiastic participation by the Students of class IX was amazing. Various Sutras and sub-sutras were taught which created a live learning atmosphere.

#### MS EXCEL

Training sessions are vital to the learning process, but they are only one step in the learning process and this should never be forgotten."

To embrace a purposeful learning, a session on Learning Excel was organized for the staff members in the Senior Program. A detailed demo and hands on practice of the program was given by the IT department which was followed by discussions and open interactions for all. Everyone was engaged throughout and staff involved showed active participation. It was a good learning experience for all.









## Temprameter (Emotional Regulation)

"Idea behind emotional regulation is not to supress or to deny emotions, but to manage them consciously as they shape our words and actions"



Considering the same, MDPS organized an activity on "Temprameter" for the students of grade X on April 10, 2024. Activity aimed to empower students so that they will be able to identify and work upon their emotional triggers which will strengthen their emotional regulation. It was an engaging as well as enriching experience for students.



#### **Development of Skills Among School Teachers**

The art of teaching is the art of assisting discovery.

A workshop on Development of Skills Among School Teachers was structured into several key sessions, each addressing different aspects of skill development. The session was led by a team of by the Middle Program Coordinator Ms. Sahibjeet Kaur, who is specialized in instructional strategies, classroom management, a consultant on technology integration and a professional development coach. In conclusion, the workshop achieved its objectives of improving teaching practices and fostering a collaborative environment among the staff.









## International Yoga Day

21st June

"Yoga is the journey of the self, through the self, to the self."



### Reinvigorating session for Teachers

To improve is to change, so to be perfect is to have changed often...





In alignment with its vision, MDPS hosted a series of enriching sessions focused on Dance, Music, and Art during the Summer Vacation. These sessions were designed to enhance the well-being and rejuvenation of the faculty. The workshops were structured into three main sessions, each concentrating on a distinct discipline: Dance, Music, and Art. Expertise from within the school was utilized to lead each session, ensuring a high-quality learning experience. Feedback from the faculty was overwhelmingly positive. Participants expressed their appreciation for the opportunity to acquire new skills and techniques applicable to both personal and professional contexts. The positive impact of these workshops is anticipated to resonate throughout the school.









## INTER-HOUSE AND CLUB ACTIVITIES



#### Poster Making on Waste Management

'Unlocking A Brighter Future Through Innovative Waste Management' Waste management has become one of the primary environmental issues. Aiming to make our students aware of such issues, the Eco Club organized an activity, 'Poster Making on Waste Management' for the students of Grades VI — VIII. The aim of this activity was to raise an awareness regarding effective disposal of waste. It was a great opportunity to watch these young minds creating and displaying their ideas on paper. Each of the posters was a treat to watch.





#### Word Scrabble Activity

"Floating in a lake, lying in a hammock, playing a bit of Scrabble... that's what I'm in need of."

Words are the building blocks of communication. Students love learning new languages through games and what is a better game to use than Scrabble? It supports their language and cognitive development in a fun-oriented way. Keeping this in mind, the English Club organized an activity 'Inter House Word Scrabble' for the students of Grades VI to VIII. Students brainstormed and juggled with the letters to make all the possible arrangements of words. It was delightful to watch them making efforts for their own learning.







#### **Gratitude Day**

'Acknowledging the good that you already have in your life is the foundation for all abundance. Gratitude sweetens even the smallest moments.'

With the purpose of fostering gratitude among students, MDPS organized an activity for the students of Grades III-VIII in which they prepared Greeting Cards and Photo Frames.

The students crafted personalized cards and frames embellished with images and messages expressing gratitude to those whose labour makes our lives better. The activity served the purpose by instilling respect for all the professions and to learn to value them better. Let's salute their hard work!









#### **Poetic Musings**

"Poetry is when an emotion has found its thought and the thought has found words."

Poetry is simply the most beautiful, impressive, and widely effective mode of expressing emotions. Considering the same, Godavari House of MDPS organized an activity 'Poetic Musings' for the students of Grade VI. Students as young poets created their own masterpieces and tried best to pen down their emotions and thoughts. The poetic presentations helped them to stay in tune with their thoughts and feelings.





## एक्टोमेनिया स्किट

## "मानवता से निभाओ यारी, विकास हेतु भागीदारी।"

पर्यावरण संरक्षण के बीच परस्पर निर्भरता को मान्यता देता है। इसी बात को ध्यान में रखते हुए हिंदी संघ के अंतर्गत आठवीं कक्षा के विद्यार्थियों द्वारा एक रंगारंग नाटक आयोजित किया गया जिसमें सतत विकास के विभिन्न पहलुओं को सुंदर ढंग से दर्शाया गया है। सभी विद्यार्थियों का प्रयास सराहनीय रहा।











#### **Environment Day celebration**

"The greatest threat to our planet is the belief that someone else will save it."

Eco club of the school organized Tree Plantation Drive on the occasion of Environment Day celebration. Saplings were planted by teachers in the school premises. On this occasion teachers also expressed their thoughts and concern on the need to grow more plants.

## **DIVINE SPECTRUM**

#### **Sensitizing Cultural Diversity**

Diverse religions, diverse cultures, diverse food, diverse languages, yet connected by hearts! The Yuva Tourism Club of MDPS organized an activity 'sensitizing cultural diversity' for the students of Grades VII and VIII. It was conducted in the respective classrooms wherein an informative PPT was shared with the students depicting India's rich cultural heritage. Through Power Point Presentation, the multicultural experiences and rich heritage of the nation was displayed making it one of the most popular tourist destinations of the world.





## **Plantation Drive**

#### "One who plants a tree, Plants a hope."

On the occasion of the Earth Day, the Eco club of MDPS organised a Tree Plantation Drive on. Fostering a sense of environmental responsibility, students were asked to grow seeds at home. They brought these seedlings to the school and shared their experience of growing seeds at home. Saplings and seedlings were planted.









## SPORTS ACTIVITIES



#### Marathon

RUN FOR ENVIRONMENT AND CLIMATE

If you want to experience a different life, run a marathon'

With the aim of promoting environmental conservation, MDPS organized 'Marathon'for the students of Grade VIII. The theme "Save the Environment" resonated throughout the event, emphasizing the urgency of safeguarding our planet's ecosystems. Participants engaged in a spirited run, symbolizing their commitment to preserve nature.



#### **INDIGENOUS SPORTS**

Indigenous games are vital parts of our heritage and culture. To preserve age old tradition and culture, Indigenous Sports were organised in the school for the students of grade IX to XII. Kho Kho and Pithoo were organised for the students of grade 9<sup>th</sup> &10<sup>th</sup>. Tug of war was organised for the students of grade 12<sup>th</sup>. Students participated with great enthusiasm and displayed great sportsmanship and team spirit.











## Congratulations! STUDENTS OF THE MONTH



(April and May, 2023)



**AVIRAJ SINGHAL** (VI-A)



**VANSHIKA** (VI-B)



**GRASY** (VI-C)



**GURNOOR KAUR SAANCHI KAPOOR** (VI-D)



(VI-E)



SHIVANGI LATWAL (VII-A)



ARNAV (VII-B)



**AVEE** (VII-C)



(VII-D)



(VII-E)



TAMANNA SAINI (VIII-A)



VANSH (VIII-B)



(VIII-C)



KAVYA MITTAL YASH KHANDELWAL (VIII-D)



**SONAM PATEL** (VIII-E)



**AVNI DHAKA** (IX-A)



SOUMYA (IX-B)



**AANCHAL SONI** (IX-C)



**HARSHIT** (IX-D)



**REHAN SAIFI** (IX-E)



**AARUSHI TRIVEDI** (X-A)



JAANVI (X-B)



**RISHAV KESARI** (X-C)



**ANJALI BANSAL** (X-D)



**JIYA SINGH** (X-E)



**ANJALI MITTAL** (XII-A)



**SIMRAN** (XII-B)



KARAN ANAND (XII-C)



**SALONI** (XII-D)



## Achievements & Accolades





Ketan Verma (Class VII) Gold Medal 58th Delhi State Sub JR. and JR. Aquatic Championships, 2024



Vansh Rawal of XI and Mohit of XII Certificate of Excellence in Olympiad Commerce Teachers' Foundation



स्वर्ण पदक अक्षरा मित्तल- कक्षा दसवीं रजत पदक

मानसी गर्ग -कक्षा दसवीं, कृष्णा-कक्षा दसवीं, जिया सिंह-कक्षा दसवीं

ऋषव केसरी- कक्षा दसवीं, अग्रिम जैन- कक्षा दसवीं, वात्सल्य गोपालानी -कक्षा दसवीं, हर्षित-कक्षा नौवी, गौरव भरिया-कक्षा नौवीं



अनुराग अरोड़ा सांत्वना पुरस्कार गुरु नानक पब्लिक स्कुल, पंजाबी



Naman Jain (XI) and Ritwik Sharma (XI) First Position Ethos 2024 - Event App Designing Vivekanand School



Aditya Kumar, Devesh Bhardwaj, Dhruv Gupta, Yash Sharma, Lakshay kalra, Prem, Purav, Arvind Kumar and Kanishk (Grade VIII) Third Position Kho-Kho Championship, Vivekanand School

## Triumphant Result CBSE 2023-24



# In leisure, we find the space to grow, dream, and embrace our true selves.





#### **Editorial Board**

Ms. Deepa Gupta Ms. Vibha Nagpal Mr. Sanjeev Nagar Mr. Maan Singh